Socio-demographic predictors of adherence to 2019 coronavirus prescribed recommendations and lockdown psychological impacts

This survey was designed to generate data that describes association between socio-demographic characteristics, adherence to COVID-19 prescribed recommendations and psychological impacts of COVID-19 lockdown among Nigerian social media users. Information will be kept confidential and for research purposes only. Kindly note that this survey is voluntary, and you can withdraw at any point.

NB: COVID-19 is the disease caused by the SARS-CoV-2 virus.

Correspondence email: bolarinwaobasanjo@gmail.com

* Required

Would you like to participate in this survey? *

No
Yes

SECTION A: Socio-demographic characteristics

Age (Years): *

18-29
30-39
40-49
50-59
60-69
>70

Sex: *

Female
Male
Prefer not to say

Level of Education: *

No formal education
High School
College (Bachelor)
Master
PhD
Others

Professional Background *
Non-scientific/non-medical
Scientific/Medical

Nationality: *

Your answer

SECTION B: KNOWLEDGE OF CORONA-VIRUS (COVID-19)

1. Have you heard of the COVID-19 (Corona Virus)? *
   Yes
   No
   Maybe

2. If yes in 1 above, from where did you hear of it?
   Friends/family
   TV
   Other sources
   Newspapers
   Internet (Social media)

Section C: Attitude towards Prescribed recommendations & Psychological impacts

1. Do you follow the recommendations of your Health ministry or government? *
   Yes
   No

2. To which extent do you follow them?
   Not at all
   I follow some but not all
   I follow most of them
   I follow all the recommendations

3. How frequently do you touch your face?
   Never
   Rarely
   Sometimes
   Often
   Always

4. How do you feel regarding the current COVID-19 pandemic situation? (select all that applies)? *
Nervous/Anxious
Fear
Angry
Just fine
Stressed
Happy
Lonely
Bored
Relaxed/optimistic
Having sleep problems

5. How are you adapting? (select all that applies) *

Watching TV/movies
Reading books/magazines
Following Social media (Facebook/whatsapp/instagram)
Volunteering
Fighting with everyone around
Work from home
Spending time with family
Practicing indoor sports
Talking to myself
Sleeping all the time
Playing Video Games

6. on scale from 1-5, how much stress/worry do you feel during the lock down / isolation? *

Not stressed

1
2
3
4
5

Extremely stressed